

Cannabinoids and Neuroprotection

Robert I. Grundy, Monica Rabuffetti, and Massimiliano Beltramo*

Schering Plough Research Institute, San Raffaele Science Park, Via Olgettina 58, Milan, Italy

Abstract

Cannabinoid compounds are endowed with pharmacological properties that make them interesting candidates for therapeutic development. These properties have been known since antiquity. However, in the last decade extremely important advances in the understanding of the physiology, pharmacology, and molecular biology of the cannabinoid system have given this field of research fresh impetus and have renewed the interest in the possible clinical exploitation of these compounds. In the present review we summarize the effects elicited, at the cellular level, by cannabinoids acting through receptor-dependent and receptor-independent mechanisms. These data suggest different ways by which cannabinoids may act as neuroprotective agents (prevention of excitotoxicity by inhibition of glutamate release, antioxidant effects, anti-inflammatory actions, etc.). The experimental evidence supporting these hypotheses are presented and discussed with regard to both preclinical and clinical studies in disease states such as cerebral ischemia, brain trauma, and Multiple Sclerosis.

Index Entries: Cerebral ischemia; brain trauma; multiple sclerosis; cannabinoid receptor; signaling pathways; neuroprotection.

Introduction

The term cannabinoids (CB) refers to a heterogeneous group of natural, synthetic, and endogenous compounds. The first naturally occurring cannabinoid, cannabidiol, was isolated in 1942 (1) from hashish, a preparation obtained from the resin produced by the female flowers of the plant *Cannabis sativa*. Hydrogenated

derivatives of cannabidiol, tetrahydrocannabinols, were synthesized and shown to possess psychoactive properties (1), but only two decades later delta-9-tetrahydrocannabinol (THC) was identified as the main psychoactive component of *Cannabis sativa* preparations (2). Cannabinoids modulate a series of important physiological functions ranging from locomotor activity to memory, from pain perception to food intake, from inflammatory reaction to cancer development. In the 1980s, their clinical potential enticed several groups to work on the synthesis of potent agonist compounds

* Author to whom all correspondence and reprint requests should be addressed. E-mail: massimiliano.beltramo@spcorp.com or robert.grundy@spcorp.com

(WIN55212, CP55940, HU-210) with the aim of testing their therapeutic usefulness. Despite the fact that the search for effective medicines was not wholly successful, thanks to these compounds it was possible to make substantial progress in understanding the pharmacological actions of cannabinoids. The first direct evidence for the existence of a cannabinoid receptor came from binding studies using the synthetic cannabinoid agonist [^3H]CP55,940 (3). A few years later, the cloning of the rat CB1 receptor (4) confirmed the presence of a diffusely distributed cannabinoid system in the central nervous system (CNS). This discovery, together with that of the first endogenous ligand for the CB1 receptor (5), a lipid molecule christened anandamide (arachidonylethanolamide), gave new impetus to research in the cannabinoid field. This renewed effort led, in the following years, to a series of relevant findings: the identification of a second cannabinoid receptor, called CB2, mostly localized in immune system cells (6), and the synthesis of specific CB1 (SR141716A [7]) and CB2 (SR144528 [8]) antagonists. A second endogenous cannabinoid, 2-arachidonoyl glycerol, was also discovered in both the gut (9) and the CNS (10,11). Investigation into the formation and inactivation pathways of endogenous ligands, focusing mainly on anandamide, unveiled the biosynthetic route involved in anandamide production and some of the mechanisms involved in its regulation (12,13). The inactivation pathways of anandamide were also intensively studied and shown to be similar to that of classical neurotransmitters, i.e., mediated by a membrane transporter (14–16) followed by the action of a degrading enzyme, known either as anandamide amido hydrolase or fatty acid amide hydrolase (17–19). Experiments involving the blockade of the inactivation pathway resulted in an augmentation of the effect elicited by anandamide highlighting its importance in modulating anandamide signaling (15,20). Selective agonists for both CB1 (ACEA [21]) and CB2 (L-759656 [22,23]; HU-308 [24]) receptor have been synthesized endowing pharmacologists with new tools to explore cannabinoid function. The

burgeoning research in the field has not only brought a better understanding of the mechanisms elicited by cannabinoids, but has also refreshed the interest in the possible therapeutic application of cannabinoids. Several recent reviews have been dedicated to various aspects of the potential therapeutic application of cannabinoids (25–29). The present article reviews the evidence supporting a neuroprotective effect of cannabinoids in neurodegeneration, an emerging area of potential clinical interest that has so far received little attention.

Neuroprotective Mechanisms

Neurodegeneration is a complex phenomenon involving several different mechanisms that have been only partially revealed. In the case of progressive neurodegenerative pathologies such as Parkinson's disease (PD), Progressive Supranuclear Palsy, Alzheimer's disease (AD), Huntington's disease (HD), Amyotrophic Lateral Sclerosis (ALS), Multiple Sclerosis (MS), and so on, though several hypotheses have been proposed to explain the causes responsible for neurodegeneration, none has obtained a general consensus. Conversely, for acute neurodegenerative pathologies, such as ischemic damage, the general framework of events responsible in neurodegeneration has been more clearly established. For example the principal mechanism involved in ischemia is energy failure, which leads to production of reactive oxygen radicals, depolarization of cells followed by massive release of excitatory amino acids, elevated calcium influx in the postsynaptic cells and ensuing dysregulation of cell homeostasis.

Another mechanism potentially linked to various chronic and acute neurodegenerative pathologies is the activation of inflammatory processes. Inflammation could induce neurodegeneration either through the release of toxic mediators or through the activation of an autoimmune response against brain antigens, as in the case of MS.

The neuroprotective effects ascribed to cannabinoid action are quite varied. The first

part of the review illustrates the effects elicited by cannabinoids at the cellular level; the second part examines the experimental and clinical evidence in favor of a neuroprotective effect of cannabinoids in specific neuropathologies and relates these results to the possible cellular mechanisms involved.

Receptor-Mediated Mechanisms

To date, two cannabinoid receptors have been characterized: 1) the cannabinoid receptor 1 (CB1) primarily expressed in tissues of the CNS (4,30,31) and 2) the cannabinoid receptor 2 (CB2) mainly expressed in the immune system (6,32). The CB1 is a prime target for the psychoactive effect of cannabinoids, whereas cannabinoid-induced immunomodulation is predominantly CB2-mediated. There exists evidence, however, to suggest that cannabinoids may act at sites other than the two established receptors (33,34), leading to speculation of the existence of further cannabinoid receptors and to the identification of nonreceptor-mediated effects.

Action Related to CB1 Activation

The structure and functional expression of the CB1 receptor was first described by Matsuda et al. (4). Since the discovery of the CB1 receptor, its localization in the CNS has been described (using radioligand autoradiography, *in situ* hybridization, and immunocytochemistry), in the cortex, striatum, hippocampus, amygdala, hypothalamus, cerebellum, brain stem, and spinal cord of both rodents and human (30,35–43). Peripheral expression has been documented in nerve terminals (44,45), and in non-neural tissues, including the testis (46), endothelial cells (47), smooth-muscle cells (48), and, albeit at a much lower level than the CB2 receptor, in immune system cells (32). Activation of CB1 receptors represents the predominant signaling mechanism for endogenous and exogenous cannabinoids in the brain and spinal cord.

Over the past 10 years, an enormous amount of work has been carried out in order to eluci-

date the mechanism by which the CB1 receptor transduces its signals (Fig. 1). Prior to the characterization of specific cannabinoid receptors, Howlett et al. reported that the cannabimimetic inhibition of adenylate cyclase could be blocked by pertussis toxin (49), therefore implicating G_i proteins in the mechanism of cannabinoid signaling. Much work has since been published confirming the role of G_i protein activation in CB1 signaling (50–52), although a number of reports also suggest that stimulation of the CB1 receptor could lead to activation of G_s protein under particular conditions (53–56).

As a consequence of the activation of G_i protein, CB1 receptor stimulation reduces adenylate cyclase activity and therefore decreases cAMP levels (49,57). The modulation of cAMP is considered the major signaling pathway of the CB1 receptor.

In addition to the adenylate cyclase-mediated activity elicited by CB1, several other pathways have been proposed as possible mediators of cannabinoid signaling. The activity of mitogen-activated protein (MAP) kinases p38 and p44/42 has been shown to be increased after stimulation of CB1 in Chinese hamster ovary (CHO) cells transfected with CB1 (58,59), and in human vascular endothelial cells (60). This CB1 mediated activation of MAP kinases has been proposed to be via two possible mechanisms. Sanchez and co-workers proposed that MAP kinase activation is caused either by a $G_i\beta\gamma$ subunit activation of the small G protein Raf-1, which in turn activates MAP kinase or via a non- G_i mediated activation involving the hydrolysis of sphingomyelin (61). In addition, other stress-activated protein kinases have been implicated in CB1 receptor signaling, these include extracellular-related kinase and c-Jun N-terminal kinase (60). Protein kinase B/Akt has also been implicated in CB1 signaling via activation of phosphoinositide 3'-kinase in CB1-transfected CHO cells (62) as has the zinc finger-related gene *krox-24* in the same cell line (63). Anandamide has also been demonstrated to trigger phosphorylation of focal adhesion kinase (64), which may lead to neurotrophic effects. Furthermore, in astro-

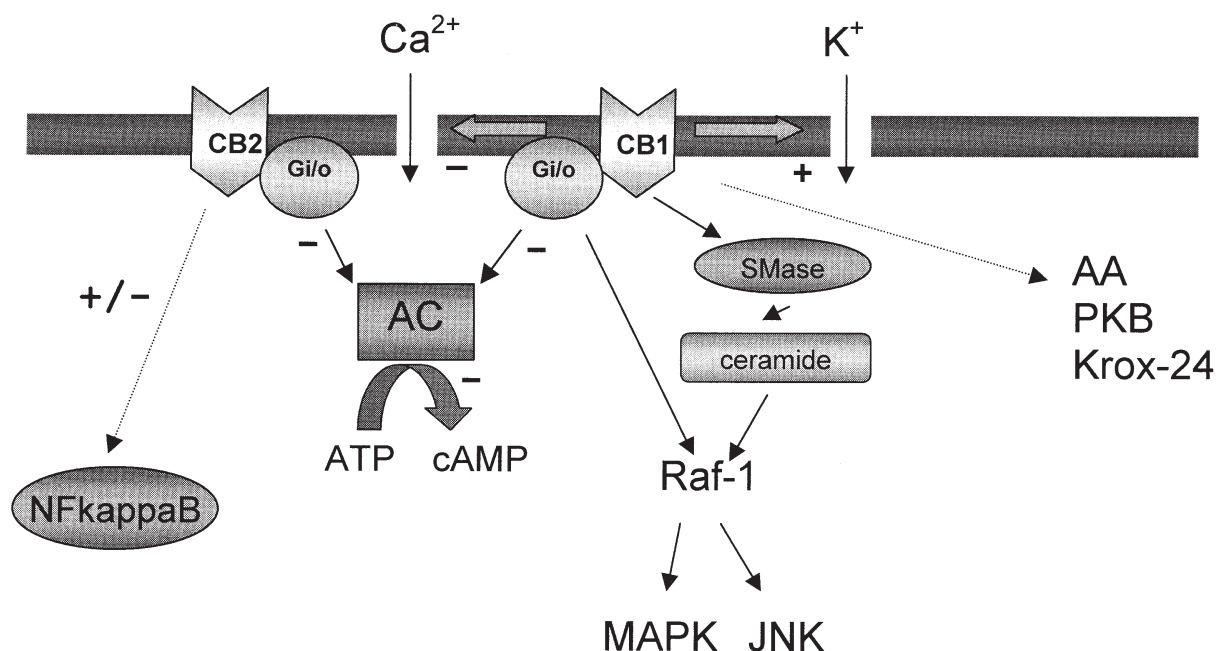


Fig. 1. Mechanisms of cannabinoid receptor signaling. Endogenous and exogenous cannabinoids activate cannabinoid receptors located at the plasma membrane. CB1 signaling occurs predominantly via activation of $G_{i/o}$ protein, which leads to an inhibition of adenylate cyclase (AC), leading subsequently to an inhibition of the conversion of adenosine triphosphate (ATP) to cyclic adenosine monophosphate (cAMP). Activation of the CB1 receptor also leads to an inhibition of Ca^{2+} channels and an activation of K^{+} channels, as well as an activation of RAF-1 via either the β subunit of the $G_{i/o}$ protein or through a sphingomyelinase (SMase)/ceramide pathway, leading to activation of mitogen-activated protein kinase (MAPK) and c-Jun N terminal kinase (JNK). CB1 activation has also been reported to lead to the production of arachidonic acid (AA), activation of protein kinase B (PKB), and expression of the immediate early gene *Krox-24*. Activation of the CB2 receptor leads to activation of $G_{i/o}$ protein as in the case of CB1 activation, and consequent inhibition of AC and reduction of cAMP levels. It is also thought to lead to the inhibition of nuclear factor- κ B (NF κ B), although an increase or a decrease in its activity has been described depending on the experimental conditions and timing.

cytes activation of CB1 has been shown to increase the release of arachidonic acid (65).

The link between G proteins and the CB1 receptor takes an intriguing turn in light of work revealing that CB1 can sequester G-proteins from a common pool, therefore making them unavailable to couple to other receptors (66). An interesting perspective on CB1 signaling is also revealed by studies indicating an effect of the G protein subunit composition on the efficacy and potency of CB1 receptor activation (67), suggesting an increasing complexity in the central cannabinoid receptor-signaling mechanism.

The modulation of ion-channel currents is a second major consequence of CB1 receptor activation. Activation of the CB1 receptor results in inhibition of N type calcium currents in neuroblastoma-glioma cells (68) and rat superior cervical ganglion neurons (69), Q-type calcium currents in murine tumor line AtT20 cells (51), and L-type calcium currents in arterial smooth-muscle cells (70). Moreover, activation of CB1 has also been shown to activate inwardly rectifying potassium channels in murine tumor line AtT20 cells (51) and in *Xenopus* oocyte (71). In addition, the ability of the CB1 receptor to modulate I_A potassium currents has also been

demonstrated in hippocampal culture (72–74), and has been shown to decrease potassium M- and K-currents via CB1 receptors in hippocampal neurons (55,75).

CB1 activation influences not only the intracellular homeostasis, but also the intercellular communication, and the modulation of neurotransmitter release is an important consequence. Several studies indicate that CB1 activation decreases the release of glutamate, a prominent neurotransmitter in neurodegeneration (*see* section on cerebral ischemia, *in vitro* studies). Cannabinoids have also been shown to inhibit GABAergic transmission in several brain areas (76–81). The release of nitric oxide (NO), which plays a key role in neurodegenerative processes, is again affected by the cannabinoid system, with cannabinoids inhibiting the production of NO in microglia (82), astrocytes (83), neurones (84), and macrophages (85).

In addition, activation of CB1 influences dopaminergic transmission in striatal slices (86) and *in vivo* (20,87), inhibits noradrenaline release in isolated rat atria and vasa deferentia (44), inhibits acetylcholine release *in vivo* (88–90) and in a synaptosome preparation (91), and inhibits serotonin release in mouse brain cortical slices (92).

Action Related to CB2 Activation

Considering that inflammation plays an important role in the pathology of most neurodegenerative diseases, the ability to control the degree of inflammatory reaction would be advantageous. The potential participation of the CB2 receptor in this process may represent a mechanism by which therapeutic intervention could be achieved.

Compared to CB1 receptor signaling pathways those of the CB2 receptor have been investigated less thoroughly, (Fig. 1) whereas much attention has been paid to its control of immune-cell interaction and cytokine production. Responses of the CB2 receptor also seems to depend on the cannabinoid agonist used, with different cannabinoid agonists sometime eliciting opposite effects (*see* Table 1).

There is little evidence of CB2 receptor presence in the CNS. Skaper and colleagues reported that the CB2 receptor is expressed on granule cells and Purkinje cells of the cerebellum (93). More recently using the fluorescence-activated cell sorting (FACS) technique, CB2 immunoreactivity has been observed in isolated dorsal-root ganglia neurons and F-11 cell line, a dorsal-root ganglion x neuroblastoma hybridoma (94). The CB2 receptor mRNA has also been detected in cultured rat microglial cells, where it has been shown to be negatively coupled to adenylyl cyclase activity (95). This result is intriguing since it suggests the possibility that cannabinoids may affect microglial function in the CNS.

Conversely, the CB2 receptor is abundant in immune tissues, in particular in spleen macrophage and in tonsils, where the mRNA content is equivalent to that of CB1 in the CNS. Among the main human blood cell subpopulations, CB2 mRNA is expressed at high levels in B cells and natural killer (NK) cells, but is also present in monocytes, neutrophils, and finally T cells (32). CB2 receptor, like the CB1 receptor, signals via $G_{i/o}$ proteins, inhibiting adenylyl cyclase activity (96–99) and increasing MAP kinase activity (100). In spleenocytes, CB2 receptor stimulation by cannabinol reduces cAMP levels, which correlates with a decline in PKA activity that in turn would be responsible for a decrease in the activation of the CREB/ATF family of transcription factors (101).

Using Affymetrix DNA chips and Western-blot analysis to study the gene- and protein-expression profile of HL-60 cells transfected with CB2 and stimulated by CP55940, it was possible to show a biphasic regulation of I κ B- α expression by cannabinoid receptor (102). An early decrease of I κ B- α protein, due to degradation, was followed by an increase of I κ B- α gene expression and protein levels. This observation suggests an involvement of the CB2 receptor in the regulation of the NF- κ B transcription factor machinery (101–103). Conversely, in spleenocytes and thymocytes, cannabidiol was reported to inhibit the NF κ B/c-Rel pathway (101) at early time post-adminis-

Table 1
Cannabinoid Effects on Cytokine

Experimental model	Challenge	Treatment	Cytokine	Effect	Antagonism	References
In vitro (cell type) Macrophage cell line RAW364.7	None	Δ^9 -THC (10^{-7} – $10^{-5}M$)	TNF- α (active form)	↓	N.T.	(110)
Murine peritoneal macrophages	None	Δ^9 -THC	IL-1; TNF- α	↑	N.T.	(115)
Rat cortical microglial cells	LPS (1–1000 ng/mL)	Δ^9 -THC (0.1–10 μM)	IL-1 α ; IL-1 β ; TNF- α ; IL-6 (mRNA)	↓	None	(112)
HL-60	None	CP55940 (10 nM)	IL-8; MCP-1 (mRNA, protein)	↑	SR144528 (200 nM)	(116)
HL-60	None	CP55940 (10 nM)	IL-8; MCP-1; MIP-1 β ; TNF- α	↑	SR144528 (200 nM)	(102)
Murine peritoneal macrophages	LPS (10 $\mu g/mL$)	Δ^9 -THC (3–10 $\mu g/mL$)	IL-1 α ; IL-1 β	↑	N.T.	(113)
Murine astrocytes	TMEV (10^5 PFU/well)	Anandamide (1–25 μM)	IL-6	↑	SR141716A (1 μM)	(175)
In vivo (species) Mouse	<i>Legionella pneumophila</i>	Δ^9 -THC (8 mg/kg twice)	TNF- α ; IL-6 (blood levels)	↑	N.T.	(114)
Mouse	LPS	WIN55212-2 (3.1–50 mg/kg)	TNF- α ; IL-10 (serum levels)	↓	SR141716A (25 and 100 mg/kg)	(111)

N.T., not tested; LPS, lipopolysaccharide; TMEV, Theiler's murine encephalomyelitis virus.

tration and similar results were obtained with THC in the macrophage cell line RAW264.7 (98). The endogenous cannabinoid 2-AG was reported to have a modest inhibitory effect on NF κ B/Rel on splenocytes, whereas it exerted a stronger suppression of NF-AT (103). Thus, further studies will be necessary to clarify the relevance of the difference obtained using different agonists and different cell lines.

Interacting with most cells of the immune system, natural and synthetic cannabinoids are able to modulate multiple immune responses, both in humans and rodents (104). Cannabinoids can inhibit T-lymphocyte functions such as proliferation and cytotoxicity (105–107), decrease antibody formation by B cells (104), and affect production of several cytokines, mostly decreasing interleukin-2 (IL-2), interferon- γ (IFN- γ), and IL-12 and increasing the levels of IL-4 and IL-10 (104,107). Macrophage functions are also affected; several studies on rat and mouse peritoneal macrophages and cultured cell lines showed that various CB receptor ligands suppress important functions such as phagocytosis, cytolysis, antigen presentation, and protein expression (104,106,108). Evidence for the involvement of CB2 receptor in the regulation of immune functions also comes from CB2 knockout mice. Using a T-cell co-stimulation assay, Buckley and colleagues observed that THC inhibits helper T-cell activation through macrophages derived from wild-type, but not from knockout mice. Central effects of cannabinoids were not altered in these mice, thus indicating that this effect is mediated by the CB2 receptor (109).

Cannabinoids could exert an effect on macrophage/microglial cells by modulating acute-phase cytokine release, mainly IL-1, tumor necrosis factor- α (TNF- α), and IL-6, which play a major role in the development of damage in neurodegenerative/neuroinflammatory conditions, such as cerebral ischemia. There are many reports regarding the effects of both natural and synthetic cannabinoids on these cytokines, but, depending on the model system, these results are often conflicting, and the involvement of cannabinoid receptors is

unclear (see Table 2). Δ^9 -THC has been demonstrated to suppress tumoricidal activity of RAW264.7, a macrophage cell line, at least in part by decreasing the intracellular conversion to the active form of the cytotoxic cytokine TNF- α (110). More recently, Smith and colleagues observed that in mice challenged with lipopolysaccharide (LPS), two cannabinoid agonists, WIN55212-2 and HU-210, decreased serum TNF- α . This effect was antagonized by SR141716A, but not by SR144528, thus indicating a role for the CB1 receptor subtype in cytokine modulation (111). Δ^9 -THC treatment appears to be able to reduce mRNAs for IL-1 α , IL-1 β , TNF- α , and IL-6, in LPS-treated rat microglial cells, but, this effect is apparently not mediated through either CB1 or CB2 cannabinoid receptors (112). Conversely, other reports suggest that acute-phase cytokines are induced by cannabinoid treatment. In 1994, Zhu and colleagues demonstrated that THC facilitates IL-1 α and - β release using macrophage culture stimulated with the microbial inflammatory substance LPS (113). In addition, Klein and colleagues showed that, in mice infected with *Legionella pneumophila*, blood levels of TNF- α and IL-6 were significantly elevated by THC treatment (114). The same researchers also found that in cultured peritoneal macrophages THC treatment increased IL-1 and TNF- α production (115). The most obvious explanations for the opposite responses observed are: the nature of the challenge used (inflammatory such as the LPS or viral such as the Theiler's murine encephalomyelitis virus [TMEV]), the concentration of the cannabinoid and finally, the system used, which can vary considerably from one paper to another. The combination of these factors provide a possible explanation for the observed variability in response to cannabinoid treatment. Taken together, these results, although contradictory, suggest that the cannabinoid system influences the functioning of the cytokine network, but a thorough understanding of these complex mechanisms requires further investigation.

CB2 receptor may also be involved in leukocyte recruitment to the site of inflammation

Table 2
Cannabinoids and Experimental Models of Neurodegeneration

Experimental conditions	Protective cannabinoid	Mechanism	References
In vitro			
Glutamate excitotoxicity	HU-211 (5—10 μ M)	NMDA antagonism	(125,159)
	Palmitoylethanolamide (100 μ M)	Unknown	(93)
	WIN 55212-2 (100 nM)	CB1 agonism	(160)
	Cannabidiol (10 μ M), THC (10 μ M)	Anti-oxidation	(146)
Hypoxia	WIN 55212-2 (3—100 nM)	CB1 agonism	(161)
	Anandamide (30—300 nM)	Unknown	(162)
	2-arachidonylglycerol (300—3000 nM)	Unknown	(162)
In vivo			
Experimental allergic encephalomyelitis	Δ^9 -THC (5—25 mg/kg/d)	N.I.	(177)
	Δ^8 -THC (40 mg/kg/d)	N.I.	(178)
	HU-211 (5 mg/kg)	NMDA antagonism	(179)
	WIN 55212-2, (5 mg/kg)	CB1 and CB2 agonism	(180)
	Methanandamide (0.05 mg/kg)	N.I.	(180)
	JWH-133 (1.5 mg/kg)	N.I.	(180)
	Anandamide (10 mg/kg)	N.I.	(181)
	2-arachidonylglycerol (10 mg/kg)	N.I.	(181)
	Palmitoylethanolamide (10 mg/kg)	N.I.	(181)
Brain trauma	HU-211 (4.4—25 mg/kg)	NMDA antagonism	(124,172,173)
Cerebral ischemia	HU-211 (4—8 mg/kg)	NMDA antagonism	(163—168)
	WIN 55212-2 (1 mg/kg)	CB1 agonism	(161)
	Δ^9 -THC (0.1—10 mg/kg)	N.I.	(169)

N.I., not identified.

and injury. In 1999, Jbilo et al., using nucleic acid microarray assays, showed for the first time that very low concentrations of CP55940 upregulate the expression of two different chemokines, IL-8 and MCP-1, in the promyelocytic cell line HL60 transfected with the CB2 receptor (116). Activation of the gene transcription for these two chemokines is followed by enhanced expression and secretion of the two proteins and these effects are abolished by the CB2 antagonist SR144528. Indeed, IL-8 is an important chemotactic factor for neutrophils (117), whereas MCP-1 is mainly involved in the attraction of monocytes (118). On the other hand, it has been shown that CP55940 is able to induce a dose-dependent inhibition of both spontaneous migration and formyl-metionyl-leucine-phenylalanine

(FMLP)-induced chemotaxis in macrophages (119). Both CB1 and the CB2 antagonists were able to reverse CP55940 effects on spontaneous migration, although the CB2 antagonist was more potent. Conversely, only the CB2 antagonist was able to reverse both in vitro and in vivo FMLP-induced chemotaxis. These data indicate that the effects of cannabinoids on macrophage locomotion and chemotaxis are predominantly CB2-mediated.

The variety of cellular types utilized (macrophage, macrophage cell line, astrocyte, microglia, HE-60, etc.), the use of different types of stimuli to induce particular cellular state (LPS and TMEV), and not least the range of cannabinoid concentrations (from nM to μ M) used to perform the experiments may contribute to the different and sometime

contradictory results obtained. Further studies, using more standardized conditions, would be necessary to help clarify this complex issue.

Thus, the effect of cannabinoids on the immune system are of potential interest regarding the induction of neuroprotection through reduction of inflammation. CB2 receptor-mediated neuroprotection would offer the considerable advantage of avoiding the psychotropic side effects elicited by CB1 receptor activation. However, it is currently unclear whether agonists or antagonists would be better suited for this purpose.

NMDA-Mediated Neuroprotection

Dexanabinol (HU-211), [(+)-(3S,4S)-7-hydroxy- Δ^6 -tetrahydrocannabinol-1, 1-dimethylheptyl] is a synthetic compound structurally related to cannabinoids. It does not possess a cannabinoid pharmacological profile, displays a very low affinity to the cannabinoid receptors and is inactive as a cannabimimetic *in vivo* (120,121). However, pharmacological studies carried out *in vivo* and *in vitro* indicate that HU-211 antagonizes glutamatergic neurotransmission in the brain and describes HU-211 as an NMDA non-competitive antagonist (122). This cannabinoid stereospecifically blocks the NMDA receptor by interacting with a site close to, but distinct from, that of non-competitive antagonists, such as MK-801 and phencyclidine, and from the recognition sites of glutamate, glycine, and polyamines (123). Recent investigations suggest that HU-211 acts as a neuroprotective agent in several models of acute neurodegeneration (*see* section on experimental and clinical evidence of neuroprotection) via blockade of NMDA-mediated Ca^{2+} influx into neurons (124) and through antioxidative mechanisms (125).

It has been reported that anandamide also acts on NMDA receptor by modulating its activity in a manner that is not mimicked by THC and is unaffected by cannabinoid receptor antagonists (126).

Vanilloid Receptor

Increasing experimental evidence supports the notion that the endocannabinoid anandamide, and some of its analogs (methanandamide, palmitoylethanolamide, oleoylethanolamide, dihomogamma-linolenylethanolamide and docosahexaenylethanolamide), interact with the vanilloid receptor VR1. The first evidence concerning this possible interaction came from the observation of striking similarities amongst anandamide transporter inhibitors, such as AM404, and vanilloid receptor ligands, such as olvanil (127,128). Indeed the vanilloid receptor agonist olvanil is able to inhibit anandamide transport in the CCF-STTG-1 human astrocytoma cell line (128). It was then suggested that anandamide could induce vasodilation by directly activating the vanilloid receptor (129) and it has been subsequently demonstrated that anandamide acts as a full agonist of the human vanilloid receptor (130). The debate about the possibility of anandamide acting as an endogenous ligand for the VR1 receptor has been particularly animated (131–134). It must also be borne in mind that cannabinoids and vanilloids often exert opposing pharmacological effects (e.g., analgesia vs hyperalgesia). However, the relevance of the vanilloid system in modulating the putative neuroprotective effects of endocannabinoids remain to be explored. Nevertheless, a recent finding suggests a dual effect of anandamide on the survival of a neural cell line, it being pro-apoptotic through activation of VR1 receptor and anti-apoptotic via stimulation of the CB1 receptor (135).

Other Receptors

Some studies have also reported the interaction of anandamide with both muscarinic (136) and serotonergic receptors (137).

Another effect of anandamide that deserves attention and is not mediated by known receptors is the inhibition of the function of gap junctions. Anandamide, but not WIN-55212-2 and CP55940, has been reported to inhibit gap-junction communication in astrocyte culture

originating from the striatum (only a marginal effect was observed in cultures obtained from other brain regions) (138). The effect of anandamide was not reversed by the selective CB1 antagonist SR141716A, however, it was sensitive to pertussis toxin, suggesting a receptor-mediated mechanism (138). The absence of CB1 immunoreactivity in astrocytes (41,42,139) and lack of detectable binding for [³H]SR141716A in astrocyte cultures (139), further supports the hypothesis that gap-junction inhibition by anandamide is not mediated by cannabinoid CB1 receptors. However, recently observation at the ultrastructural level using an anti-CB1 antibody showed the presence of CB1-like immunoreactivity in striatal astrocytes (140). In light of these new results, further studies will be necessary to clarify if CB1 is present in astrocytes or if the antibody cross-reacts with a CB1-like receptor. Considering that the regulation of gap-junction function has been proposed to have an important role in ischemic and hypoxic cell injury (141–143), the actions of cannabinoids on gap junctions would seem to be worthy of further investigation.

Receptor-Independent Mechanisms

With the identification of selective agonists and antagonists it has been possible to ascribe most of the effects induced by cannabinoids to their actions on CB1, CB2, or other receptors. Nonetheless, there is a body of experimental evidence that cannot be explained by the interaction of cannabinoids with receptors. These data suggest the existence of other mechanisms involved in cannabinoid effects. The two most investigated receptor-independent mechanisms of cannabinoids are their antioxidant properties and their capacity to alter cell-membrane properties.

Antioxidant Properties

The study of oxidative stress as an etiologic agent of neurodegenerative disease is an area attracting growing attention. Oxidative stress

has been suggested as a possible common cause for neurodegenerative diseases by several authors (144 and references therein). In normal conditions, the production of reactive oxygen species (ROS) is a strictly controlled process (145). Oxidative stress is observed when the normal balance between oxidative events and antioxidant mechanisms is disrupted. The presence of uncontrolled amounts of ROS leads to the derivatization of lipids, proteins, and nucleic acids. These chemical reactions induce effects ranging from cell-cycle alteration to changes in membrane ion homeostasis and could rapidly lead to cell demise.

In the last decade, the neuroprotective properties of antioxidant molecules have been tested quite extensively, leading to some encouraging results (145). However, only recently it has been suggested that cannabinoids may also act through an antioxidant mechanism (125,146). The first evidence of the antioxidant properties of cannabinoids came from the study of the neuroprotective effect of HU-211 on neuronal cultures subjected to oxidative stress with sodium nitroprusside (125). Cyclic voltametry data confirm that HU-211 has an oxidation potential similar to that of known antioxidants (i.e., butylhydroxytoluene), and other cannabinoids (cannabidiol, THC, cannabinol, nabilone, and levonantradol) also display similar oxidation profiles (125,146). It is worth noting that the concentration required for an antioxidant effect are in the micromolar range for all of the tested compounds, which is higher than that required to activate cannabinoid receptors.

The endocannabinoid anandamide has no antioxidant properties (146). However, its unsaturated congener N-palmitoylethanolamide has been shown to inhibit in vitro free radical-induced oxidation of lipids (147). This compound is produced through the same pathway involved in anandamide biosynthesis and is co-released with anandamide in neuronal cell cultures stimulated with ionomycin (14). N-palmitoylethanolamide has been suggested to act through the CB2 (93) or a CB-like receptor (148), however, its antioxidant effects in vivo have not been studied.

Alteration of Membrane Properties

In the 1970s and 1980s, before the discovery of the cannabinoid receptors, there was an ongoing debate about the possibility that cannabinoids could exert their effects through nonreceptor-mediated mechanisms. This hypothesis mainly derived support from the high lipophilicity of cannabinoid compounds that would allow them to easily integrate into the lipid bilayer of the cell membrane. However, studies on the relationship between the lipophilicity and the pharmacological activity of several cannabinoids showed the absence of a positive correlation, suggesting that the lipophilicity is not a primary determinant of the cannabinoids pharmacological activity (149).

Experimental and Clinical Evidence of Neuroprotection

In light of the diverse range of actions mediated by cannabinoids on both neural cells and peripheral immune cells, an increasing amount of work is being carried out to investigate the neuroprotective properties of these compounds. What follows is an attempt to summarize the work done in vitro and in vivo on a range of clinically relevant experimental models of neurodegeneration (see Table 2).

Cerebral Ischemia

Cerebral ischemia is a neurodegenerative condition that is currently without a satisfactory clinical treatment and is the third leading cause of death in Western countries.

In Vitro Studies

GLUTAMATE EXCITOTOXICITY

Crucial to the ability of cannabinoids to afford neuroprotection is the influence of CB1 receptor activation on neurotransmitter release. Glutamate has been shown to play a critical role in the development of neurotoxicity (150) and indeed a clear link can be observed between CB1 receptor activation and a decrease in glutamatergic transmission. This effect has been

observed in the rat in cortical neurons (151), neurons of the substantia nigra *pars reticulata* (152), periaqueductal gray (153), cerebellar Purkinje cells (154), hippocampus (155–157), and dorsal striatum (158).

Glutamate-mediated excitotoxicity has been widely studied as an in vitro model in which to investigate potentially neuroprotective compounds. The nonpsychotropic, NMDA receptor-inhibiting cannabinoid HU-211 was found to protect primary cultured rat forebrain neurons against exposure to glutamate, NMDA, and quisqualate (123,159). In a model of glutamate-induced cell death in cerebellar granule cells, the endocannabinoid palmitoylethanolamide and other cannabinoids were also shown to increase neuronal survival (93). In addition, in rat hippocampal neurons, WIN55212-2 completely blocked calcium spiking and prevented neuronal death induced by low extracellular magnesium concentration, a model of cell death that results in excessive activation of NMDA receptors. This effect was reversed by the CB1 antagonist SR1417161A (160). Conversely, the neuroprotective actions of cannabidiol and THC were not reversed by SR141716A and were attributed to their antioxidant effects following exposure of primary rat cortical cells to glutamate (146).

HYPOXIA

In an attempt to reflect the oxygen deprived environment experienced by neuronal cells during cerebral ischemia, Greenberg and co-workers used an in vitro model of hypoxia and glucose deprivation in cultured cortical neurons to demonstrate that the synthetic cannabinoid WIN 55252-2 (161) and the endocannabinoids anandamide and 2-arachidonylglycerol afford neuroprotection, an effect not reversed by cannabinoid receptor antagonists (162).

In Vivo Studies

HU-211 is effective in treating rats and gerbils against global ischemia (163,164) and is capable of reducing forebrain ischemia in rats (165) when administered up to 60 min post-ischemia. In addition, HU-211 has been shown

to protect against focal ischemia when administered up to 70 min post-occlusion (166–168).

Preliminary data also suggest that Δ^9 -THC could afford a neuroprotective effect against forebrain cerebral ischemia in rat, when administered daily for 7 d prior to occlusion (169).

Recently, a report has been published demonstrating that WIN55212-2, a CB1-CB2 cannabinoid receptor agonist, protects against a four-vessel occlusion in rat models of global ischemia when administered 40 min prior to occlusion (161). The same study also reported a time-course of the neuroprotective effects in a model of permanent ischemia induced by middle cerebral artery occlusion, suggesting a time window of efficacy of up to 30 min post-ischemia. The neuroprotective effect was abolished in both instances by the CB1 receptor antagonist SR141716A, suggesting the involvement of a CB1 receptor-mediated mechanism. No major changes in blood pressure or body temperature, which could at least partially account for this effect, were observed. It is important to note that several cannabinoids have been shown to cause hypotension in the rat and hypothermia in rodents via CB1-mediated mechanisms (170,171) and it is possible that this CB1-mediated increase in blood flow or decrease in brain temperature could provide a neuroprotective effect after experimental cerebral ischemia.

Clinical Evidence

Prompted by the promising results obtained in preclinical models with HU-211 Pharmos Corporation has completed a Phase I clinical trial in stroke demonstrating the safety of this compound (<http://www.pharmoscorp.com/product/dexanabinol.htm>).

Brain Trauma

Brain trauma is the major cause of mortality in young people in the Western world and the only accepted treatment is administration of steroidal anti-inflammatory drugs.

In Vitro Studies

Glutamate-mediated excitotoxicity is thought to be a major mediator of cell death resulting from head injury. Therefore, the in vitro excitotoxic studies described in the section regarding cerebral ischemia are also relevant in brain trauma.

In Vivo Studies

HU-211 has proved effective in improving motor (172) and memory functions (173) after closed head injury in rat. Additional studies have clarified that its neuroprotective effect is probably due to an attenuation of calcium levels (124) and to a reduction in levels of mediators of cell damage such as TNF- α (173), levels of which are also reduced by HU-211 in brain homogenates of ischemic rats (168).

Clinical Evidence

HU-211 has been proved to be well-tolerated (174) and a Phase II clinical trial has already been completed. The results of this trial showed that elevation of intracranial pressure was prevented by dexanabinol and that a single intravenous injection of 200 mg of dexanabinol resulted in a better Glasgow Outcome Scale at 1 mo compared to placebo-treated patients. Enrollment of patient for a Phase III trial is planned in seven European countries and in Israel (<http://www.pharmoscorp.com/product/dexanabinol.htm>).

Multiple Sclerosis

MS is a severely debilitating autoimmune disease that involves the demyelination of nerves throughout the brain and spinal cord.

In Vitro Studies

Due to the complex pathology of MS, there are very few reports of in vitro paradigms involving this disease and the potential therapeutic effects of cannabinoids. However, it has been reported that in a cell-culture preparation of astrocytes from mice infected with observed TMEV, a virus thought to cause effects that

resemble MS, anandamide potentiated the production of IL-6, a potentially anti-inflammatory cytokine (175) and suppressed the production of the pro-inflammatory cytokine TNF- α and NO (83). Nevertheless, given the difficulty in modeling the complex relationship that exist between diverse cell types in MS, caution must be exercised in interpreting in vitro results.

In Vivo Studies

Experimental autoimmune encephalomyelitis (EAE) is a T cell-mediated, autoimmune disorder characterized by CNS inflammation and demyelination, features reminiscent of the human disease MS. As such, EAE has been studied in animals in order to elucidate the mechanisms of, and develop potential treatments for, MS (176). Due to the immunomodulatory properties of cannabinoids, research efforts to evaluate their potential have focused on this disease state over the past 10 years. The cannabinoid Δ^9 -THC was found to dramatically increase survival after EAE inoculation in rats and guinea pigs (177). The less psychotropic analogue of Δ^9 -THC, Δ^8 -THC was also found to reduce the incidence and severity of neurological deficit in two strains of rat (178). Recently the nonpsychotropic cannabinoid HU-211 was discovered to be effective in limiting the effects of EAE in the rat (179). These data, coupled with data from elegant studies performed by Baker et al., which demonstrated that several cannabinoids could control spasticity and tremor in a rat EAE model via a cannabinod receptor-mediated mechanism (180,181), indicate that the cannabinoid system could be an important target for the development of an effective treatment for MS.

Clinical Evidence

Numerous anecdotal accounts of the therapeutic benefits of illegal self-medication with cannabis with regard to MS exist (182), and are reinforced by a handful of clinical accounts of the beneficial effects of specific cannabinoids. Administration of a dose as low as 5 mg of

THC have been reported to improve muscle spasticity (183) and tremor (184). Nabilone, a synthetic THC analogue, at a dose of 1 mg was reported to improve general well-being, reduce muscle spasms, and reduce frequency of nocturia (185). A questionnaire sent to MS sufferers showed that a large proportion of them reported improvement of several symptoms (such as spasticity, chronic pain, tremor, etc.) after cannabis use (186). Despite this encouraging evidence, clinical trials with suitable patient numbers have not yet been performed. In the absence of such a study, no firm clinical conclusions can be drawn on the effect of cannabinoids on MS at present.

Parkinson/Alzheimers Disease

Cannabinoids have been shown to modulate the dopaminergic system (86), and numerous reports demonstrate the impairment of memory formation by cannabinoids (187). The potential involvement of cannabinoids in PD model has been investigated in preclinical studies leading to the discovery that CB1 receptor mRNA expression is under negative influence of dopamine-mediated events in the caudate putamen (188), and increases in 6-hydroxydopamine-lesioned rats both with (189) and without L-DOPA treatment (190). Although no evidence exists of cannabinoids playing a direct role in the neurodegeneration responsible for PD and AD, it is conceivable that the cannabinoid system may play some role in both pathologies. On the other hand the potential of this system as an adjunct to existing therapies for PD has been suggested (191), but a small clinical study carried out to test the effects of marijuana on Parkinsonian tremor led to negative results (192).

Conclusions and Perspectives

There is a rapidly growing amount of evidence suggesting that cannabinoids may be neuroprotective in different experimental con-

ditions, and the initiation of clinical trials to prove their therapeutic efficacy in humans illustrates the interest that this aspect of cannabinoid pharmacology has stimulated. Although there is an abundance of data supporting a neuroprotective role for cannabinoids, it must be borne in mind that some studies have demonstrated neurotoxic effects after cannabinoid administration. In cultured primary hippocampal cells, Δ^9 -THC was found to be neurotoxic (193), as was anandamide, which was found to induce apoptosis in PC-12 cells (194). Consequently the potential neurotoxicity of some cannabinoids must be considered when progressing with potential therapeutic strategies.

Interestingly, most of the results on neuroprotection are based on the effect induced by actions on CB1 or NMDA receptors. Other targets such as the CB2 receptor, endogenous cannabinoid inactivation system, and biosynthetic pathways have not attracted the same attention aimed at investigating and evaluating their neuroprotective potential. To exploit these targets, further studies are needed to elucidate some crucial aspects of their biology. The opposing data obtained with the activation of the CB2 receptor on the production of inflammatory agents and activation of leukocytes must be clarified before a valid anti-inflammatory approach to immune-response modulation and neuroprotection can be followed up. On the other hand, the cloning of the enzyme involved in the biosynthesis of the endogenous cannabinoids and of the transporter implicated in their inactivation will represent an important step towards understanding the feasibility of a neuroprotective strategy aimed at interfering with their function. Nevertheless, they remain interesting therapeutic targets and could offer the important advantage of being devoid of the psychotropic effects elicited by direct activation of the CB1 receptor, effects that in the past have rendered the development of cannabinoid medicines difficult. Thus, the study of cannabinoids in neuroprotection has great potential for further development, which, it is hoped,

will not be hampered by the political and social concerns about the use of cannabis and its derivatives as medicine.

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